

# What should I get out of this presentation?

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- I know the official title of the course I will be doing
- I know which units I will be studying and when
- I know which teachers are delivering which units
- I know in which units I will need to sit an exam
- I know a little bit about how the internal assessment process works
- I know where to find key documents that will enable me to find out more information about the course and the specific units
- I know where to find the transition work
- I know who I need to contact if I have any questions before September
- I know which course textbook is endorsed by OCR and where I can buy it

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# ***LEVEL 3 CAMBRIDGE TECHNICALS IN SPORT AND PHYSICAL ACTIVITY***

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Exam board: OCR <https://ocr.org.uk/qualifications/cambridge-technicals/sport-and-physical-activity/units/#level-3>

Single award scheme code and title:

5827 - Level 3 Cambridge Technical Extended Certificate in Sport and Physical Activity

Double award scheme code, course title and pathway:

5829 – Level 3 Cambridge Technical Diploma in Sport and Physical Activity - Sports Coaching

# Level 3 Cambridge Technical Extended Certificate in Sport and Physical Activity

<b>Assessment method/model</b>	Units 1 and 3 are assessed by exam and marked by us. All the other units are internally assessed by centre staff and externally moderated by us.
<b>Grading</b>	Examined units are graded Near-Pass, Pass, Merit and Distinction. Internally assessed units are graded Pass, Merit and Distinction. The qualification is graded Pass, Merit, Distinction, Distinction*

<b>Examination resits</b>	Learners can resit an examined unit twice before they complete the qualification.
<b>Repeat submission of learners work</b>	If you and the learner feel they haven't performed at their best during the assessment, the learner can, at your discretion, improve their work and resubmit it to you for assessment. You must follow our requirements on authenticity and feedback in section 8.

# Level 3 Cambridge Technical Diploma in Sport and Physical Activity

<b>Assessment method/model</b>	Units 1, 3 and 4 are assessed by exam and marked by us. Your centre staff will internally assess all the other units and we will moderate them.
<b>Grading</b>	Examined units are graded Near-Pass, Pass, Merit and Distinction. Internally assessed units are graded Pass, Merit and Distinction. The qualification is graded PP, PM, MM, MD, DD, DD*, D*D*
<b>Examination resits</b>	Learners can resit an examined unit twice before they complete the qualification.
<b>Repeat submission of learners work</b>	If you and the learner feel they haven't performed at their best during the assessment, the learner can, at your discretion, improve their work and resubmit it to you for assessment. You must follow our requirements on authenticity and feedback in section 8.





Unit number	Unit name	Exam or internal assesement	GLH	Teacher	S & D or D only	Year of delivery
1	Body Systems and the Effects of Physcial Activity	E	90	MW/BP	S & D	12
2	Sports Coaching and Activity Leadership	I	90	SN	S & D	12
3	Sports Organisation and Development	E	60	BR	S & D	13
4	Working Safely in Sport, Exercise, Health and Leisure	E	90	BR	D only	12
5	Performance Analysis in Sport and Exercise	I	60	JO	D only	12
8	Organisation of Sports Events	I	60	BR/RS	D only	12
11	Physical Activity for Specific Groups	I	30	RS	D only	13
13	Health and Fitness Testing for Sport and Exercise	I	60	JO	D only	13
17	Sports Injuries and Rehabilitation	I	60	SN	D only	13
18	Practical Skills in Sport and Physical Activities	I	60	BP	S & D	13
19	Sport and Exercise Psychology	I	60	RS	S & D	13

# What is external assessment?

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- Any unit with an 'E' in the assessment method column will be assessed with an exam:
  - Unit 1 – Body Systems and the Effects of Physical Activity (Year 12)
  - Unit 3 – Sport Organisation and Development (Year 13)
  - Unit 4 – Working Safely in Sport, Exercise, Health and Leisure (Year 12) *Double only*
- You can resit any exam if you or your teachers are not satisfied with your first attempt
- Exams are graded 'Near-pass'; 'Pass'; 'Merit'; 'Distinction'
- If you are still graded 'unclassified' in an exam after 2 attempts you are not able to pass the course



# What is internal assessment?



<https://ocr.org.uk/Images/272018-sports-coaching-and-leadership.pdf>

# Assignment for learners

## Unit 2: Sports coaching and activity leadership

### Scenario

#### Sportasaurus Ltd.

Sportasaurus Ltd. is a privately owned sports company looking to develop the skills of children and young people through sports or physical activity sessions and programmes. The company focuses on providing high quality sports and physical activity sessions and programmes to primary schools and leisure centres, with the emphasis on the personal development of each individual taking part.

The company is currently looking to expand its provision across a greater range of sports and age groups. They are looking for talented coaches and leaders to join the company and deliver fun, exciting and safe sports and physical activity sessions to different people and organisations in the local area.

## Task 1: Getting the job

(This task should take between 3 and 4 hours.)

Learning Outcome 1: Know the roles and responsibilities of sports coaches and activity leaders and Learning Outcome 2: Understand principles which underpin coaching and leading, are assessed in this task.

Your task is to:

Prepare for an interview at Sportasaurus Ltd. in which you will be asked questions about the roles and responsibilities of sports coaches and leaders, how they differ from each other and from those of Physical Education teachers, as well as how sports coaches and leaders can help support healthy, active lifestyles.

As part of the interview process you will have to deliver a presentation on the principles that underpin coaching and leading. These should include the principles of leadership, group dynamics and the attributes of coaches and leaders.

Pass	Merit	Distinction
P1: Describe the roles and responsibilities of sports coaches and activity leaders		
P2: Describe how sports coaches and activity leaders support a healthy active lifestyle		
P3: Compare the different roles and responsibilities of those involved in teaching and delivering sport		
P4: Explain how different leadership styles and personalities can support different stages of group development	M1: Evaluate the importance of different attributes in supporting the principles of leadership and group dynamics	
<b>Tasks/Evidence</b>		
<p>A mock interview could be staged with appropriate questions for you to demonstrate your knowledge of the roles and responsibilities of sports coaches and leaders and you will be given the opportunity to deliver your presentation.</p> <p>This can be evidenced by a recording of the interview and presentation accompanied by your preparatory notes and a copy of the presentation and presentation notes. A witness statement could also be used to support the evidence.</p>		

## GRADING CRITERIA

LO	Pass	Merit	Distinction
	The assessment criteria are the Pass requirements for this unit.	To achieve a Merit the evidence must show that, in addition to the Pass criteria, the candidate is able to:	To achieve a Distinction the evidence must show that, in addition to the pass and merit criteria, the candidate is able to:
1. Know the roles and responsibilities of sports coaches and activity leaders	*P1: Describe the roles and responsibilities of sports coaches and activity leaders		
	*P2: Describe how sports coaches and activity leaders support a healthy active lifestyle		
	*P3: Compare the different roles and responsibilities of those involved in teaching and delivering sport		
2. Understand principles which underpin coaching and leading	*P4: Explain how different leadership styles and personalities can support different stages of group development	M1: Evaluate the importance of different attributes in supporting the principles of leadership and group dynamics	

<https://ocr.org.uk/Images/258725-sports-coaching-and-activity-leadership.pdf>

# Transition work

- <http://www.sleafordjsf.org/>
- <http://sleafordjsf.org/sites/default/files/files/transition-packs/2020/CARRES/CGS%20CTEC%20Sport%20Unit%201%20transition%20work.pdf>
- Unit 1 – Mr Wilson [Martin.Wilson@carres.uk](mailto:Martin.Wilson@carres.uk)
- <http://sleafordjsf.org/sites/default/files/files/transition-packs/2020/CARRES/CGS%20CTEC%20Sport%20Unit%204%20transition%20work.pdf>
- Unit 4 – Mr Rooney [Brendan.Rooney@carres.uk](mailto:Brendan.Rooney@carres.uk)

# Textbook

- <https://www.hoddereducation.co.uk/subjects/sport-pe/products/level-3/cambridge-technical-level-3-sport-and-physical-activity>

