

Transition work for A Level Physical Education

As discussed in your taster session, you are required to complete 2 session plans for your chosen sport.

The sessions should both last approximately 15 minutes and should each be based upon a different core skill from the relevant section of the specification.

<http://www.aqa.org.uk/subjects/physical-education/as-and-a-level/physical-education-7582>

Your first session should focus on a core skill from 'area of assessment 1' and your second session should focus on a core skill from 'area of assessment 2'.

You should plan to coach a group of approximately 4 people.

The planning template is attached, but you do not have to complete all sections.

Your finished session plans should be handed in to Mr Offer in your first practical lesson.