

Cambridge Technical Introductory Diploma in Health & Social Care

Level 3



Key Stage 4-5 Transition Pack

CAMBRIDGE TECHNICAL INTRODUCTORY DIPLOMA IN HEALTH & SOCIAL CARE LEVEL 3

EXAM BOARD – OCR

ALL UNITS INTERNALLY ASSESSED

SAME UNIVERSITY POINTS AS ONE A LEVEL

What skills do I need in order to complete this course?

- At least a grade C in English at GCSE
- Ability to work as part of a team
- Independent research skills
- An open mind!

What employment skills will I gain?

- Planning & research skills
- Communication skills
- An ability to evaluate & analyse
- Practical experience of working as a team
- Presentation skills
- Work experience

Where will this course lead?

Opportunities upon completion include:

- University degrees in nursing, social work, primary teaching or childhood studies
- NHS apprenticeships
- Jobs in care homes & caring for people in their own homes
- Any work involved in caring or working with people of any age

OTHER SUBJECTS - POINTS TO NOTE

If you are considering teaching as a career you will need to gain an A Level in a national curriculum subject alongside the Diploma.

If you are considering nursing as a career you need to be aware that some (not all) universities will also ask for a L3 science qualification.

An introduction to the course

The course consists of 60 credits.

Year 12

| Unit No | Name of Unit | Credits | Mandatory/Optional |
|---------|--|---------|--------------------|
| 1 | Developing Effective Communication In H&SC | 10 | Mandatory |
| 2 | Equality, Diversity & Rights in H&SC | 10 | Optional |
| 26 | Exploring Personal & Professional Development in H&SC This Unit includes two compulsory periods of work experience & is taught over 2 years | 10 | Optional |
| 16 | Nutrition for H&SC | 10 | Optional |

Year 13

| Unit No | Name of Unit | Credits | Mandatory/Optional |
|---------|------------------------------------|---------|--------------------|
| 9 | Caring for Children & Young People | 10 | Optional |
| 15 | Promoting Health | 10 | Optional |

The Units

1. EFFECTIVE COMMUNICATION

This unit will allow you to develop the skills which underpin effective communication. You will discover that there are different forms of communication, each with their own advantages and disadvantages and learn that for some individuals, conventional forms of communication are inappropriate.

2. EQUALITY DIVERSITY AND RIGHTS

This unit will help learners to appreciate the implications of diversity on practice and also the effects of discriminatory practice on people who use services. Learners will also gain an appreciation of how legislation, national initiatives and policy guidelines can support anti-discriminatory practice.

3. PROMOTING HEALTH EDUCATION

You will gain an understanding of the different routes to promoting good health. You will create and produce your own health campaign which will be delivered to an appropriate audience of your choosing. You will evaluate the success of your campaign alongside any improvements you could make.

4. EXPLORING PERSONAL AND PROFESSIONAL DEVELOPMENT

You will complete two compulsory periods of work experience in this unit. You will also develop the skills necessary to compile a professional development portfolio.

5. NUTRITION

Diet can affect an individual's health in many ways, physically, intellectually, emotionally and socially. An understanding of nutrition is therefore vital in order to make and suggest the right choices of food and drink. The aim of this unit is to allow learners to appreciate the dietary requirements we all have and how these vary between different ages and groups of individuals.

6. CARING FOR CHILDREN AND YOUNG PEOPLE

It is extremely important in today's society that everyone working within the health and social care sector has a sound understanding of how to protect children and young people, whilst following policy and procedures to ensure their own protection. This unit will provide learners with an understanding of the risks of abuse that some children and young people may experience both within the family and in the wider society.

Research

The most useful research of all for you to do is to gain practical knowledge from your work placements. This will include:

- Talking to professionals working in Health & Social Care
- Talking to service users about their experiences
- Talking to your friends and family about the experiences they have had of health and social care services.

Make the most of your visits to everyday health and social care settings – school, doctors, dentists, opticians, hospitals. Reflect on your experiences and the experiences of those around you. Look at how the professionals communicate and carry out their daily routine. Identify good and poor practice.

MEDIA

Try to be aware of current news stories associated with health and social care. What are the latest headlines concerning the NHS and Care of the Elderly? Find out more if you hear someone talking about it – or ask your teacher in the lesson!

TV

There are lots of TV documentaries about day-to-day life in health and social care settings. These will give you a good insight into up-to-date practice and what is involved as a professional in these workplaces. However, one warning note – whilst interesting, please watch TV programmes with a critical eye – some of them are carefully edited to show the “exciting” parts. Be aware that these represent just a snapshot in time and might not be fully representative of all of the job.

There are numerous other relevant books in the school library – when did you last borrow a book? Challenge yourself to read one every month!

Preparation work

There are two aspects to the work you need to complete before you start your course.

It must be handed in on your first lesson in September.

TASK ONE

The first task is to prepare a power point presentation which you will deliver to the rest of the class in the first week of term. You need to choose one profession that you are considering for a future career and carry out some background research. Your presentation of findings must include:

- Name of job / profession
- Qualifications required
- What training is needed to qualify for this job role
- Starting salary in the job
- IF YOUR CHOSEN CAREER NEEDS A DEGREE QUALIFICATION - 2 different universities who offer an appropriate course which leads to the required qualification for your chosen job role. For each university identified, you must state what the entry requirements are (either in grades or UCAS points)

TASK TWO

Choose **ONE** of the following titles and carry out some reading around this subject. You then need to use this information to write a **1,500-word essay** to discuss your findings, incorporating your own ideas and opinions in your writing. This needs to be handed in at the first lesson in September.

Children & Young People

Advances in medicine have led to an increased survival rate for extremely premature babies. Discuss the implications of this advancement for the medical profession.

Adult Social Care

“Medical advances, along with better lifestyles, have resulted in increases in life expectancy. People are living longer. We therefore need to find better ways of supporting older people.”

Discuss the different types of provision for older people in British Society. Are we doing enough to support them?

Health

In the UK, it is now a requirement that all nurses are degree qualified. This has led to the accusations that nursing students are selected on their ability to acquire knowledge rather than their caring qualities. Discuss what you consider to be the essential skills for a nurse. Do you agree with this statement?

Make sure you reference your sources of information (websites, books) at the end of your work.