

# Cambridge Technical Diploma in Health & Social Care

Level 3

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## Key Stage 4-5 Transition Pack

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# CAMBRIDGE TECHNICAL DIPLOMA IN HEALTH & SOCIAL CARE LEVEL 3

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## **EXAM BOARD – OCR**

### **ALL UNITS INTERNALLY ASSESSED**

### **SAME UNIVERSITY POINTS AS TWO A LEVELS**

#### What skills do I need in order to complete this course?

- At least a grade C in English at GCSE
- Ability to work as part of a team
- Independent research skills
- An open mind!

#### What employment skills will I gain?

- Planning & research skills
- Communication skills
- An ability to evaluate & analyse
- Practical experience of working as a team
- Presentation skills
- Work experience

#### Where will this course lead?

Opportunities upon completion include:

- University degrees in nursing, social work, primary teaching or childhood studies
- NHS apprenticeships
- Jobs in care homes & caring for people in their own homes
- Any work involved in caring or working with people of any age

## **OTHER SUBJECTS - POINTS TO NOTE**

If you are considering teaching as a career you will need to gain an A Level in a national curriculum subject alongside the Diploma.

If you are considering nursing as a career you need to be aware that some (not all) universities will also ask for a L3 science qualification.

# An introduction to the course

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The course consists of 120 credits.

## Year 12

Unit No	Name of Unit	Credits	Mandatory/Optional
1	Developing Effective Communication In H&SC	10	Mandatory
4	Development through the Life Stages	10	Mandatory
2	Equality, Diversity & Rights in H&SC	10	Mandatory
7	Psychological Perspectives for H&SC	5	Mandatory
12	Physiological Disorders	10	Optional
15	Promoting Health Education	10	Optional
19	Caring for Individuals with Additional Needs	5	Optional
26	Exploring Personal & Professional Development in H&SC This Unit includes two compulsory periods of work experience & is taught over 2 years	10	Optional

## Year 13

Unit No	Name of Unit	Credits	Mandatory/Optional
6	Sociological Perspectives for H&SC	5	Mandatory
3	Health, Safety & Security in H&SC	10	Mandatory
9	Caring for Children & Young People	10	Optional
17	Research Methodology	15	Optional
16	Nutrition for H&SC	10	Optional

# The Compulsory Units

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## 1. EFFECTIVE COMMUNICATION

This unit will allow you to develop the skills which underpin effective communication. You will discover that there are different forms of communication, each with their own advantages and disadvantages and learn that for some individuals, conventional forms of communication are inappropriate.

## 2. EQUALITY DIVERSITY AND RIGHTS

- Understand concepts of equality, diversity and rights
- Know discriminatory practices in health and social
- Understand how national initiatives promote anti-discriminatory practice
- Know how anti-discriminatory practice is promoted

## 3. HEALTH, SAFETY & SECURITY

- Understand potential hazards in health and social care
- Know how legislation, policies and procedures promote health, safety and security
- Be able to implement a risk assessment
- Understand priorities and responses in dealing with incidents and emergencies

## 4. DEVELOPMENT THROUGH THE LIFE STAGES

- Know stages of growth and development throughout the human life span
- Understand the potential effects of life factors and events on the development of the individual
- Understand physical and psychological changes of ageing

## 5. SOCIOLOGICAL PERSPECTIVES

You will initially develop an understanding of the key concepts and terminology used by sociologists before being introduced to the various sociological perspectives. You will consider your own attitudes towards health and ill health and explore how the process of socialisation has impacted upon these ideas.

You will understand the views and attitudes of people who use services and provide an explanation for some of the following:

- why some people adhere to health advice whilst others ignore it.
- Why is there almost a five year gap in life expectancy of those born in different parts of the UK?
- Why do females generally live longer than males?

## 6. PSYCHOLOGICAL PERSPECTIVES

Psychology is the study of human thoughts, emotions and behaviour and can help students understand themselves, the people who use services and the people they work with on a daily basis. Those working within the health and social care sectors spend a large part of their time interacting with other people and an understanding of human behaviour is therefore fundamental to their work. The different schools of thought are investigated, explained and evaluated in relation to the usefulness they provide to professionals working in the health and social care sectors. By understanding the factors that influence people's health-related behaviours we can provide interventions that will help people change their lifestyle choices.

# Other units to be taught 2017-19

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## **UNIT 12 – PHYSIOLOGICAL DISORDERS**

You will learn about common disorders, their causes and symptoms. How they are diagnosed and the effects they have on people's lives

## **UNIT 15 – PROMOTING HEALTH EDUCATION**

You will gain an understanding of the different routes to promoting good health. You will create and produce your own health campaign

## **UNIT 19 – CARING FOR INDIVIDUALS WITH ADDITIONAL NEEDS**

You will gain an understanding of additional needs of individuals, the experiences they face and how to overcome barriers

## **UNIT 26 – EXPLORING PERSONAL & PROFESSIONAL DEVELOPMENT IN H&SC**

You will complete two compulsory periods of work experience in this unit. You will also develop the skills necessary to compile a professional development portfolio

# Research

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The most useful research of all for you to do is to gain practical knowledge from your work placements. This will include:

- Talking to professionals working in Health & Social Care
- Talking to service users about their experiences
- Talking to your friends and family about the experiences they have had of health and social care services.

Make the most of your visits to everyday health and social care settings – school, doctors, dentists, opticians, hospitals. Reflect on your experiences and the experiences of those around you. Look at how the professionals communicate and carry out their daily routine. Identify good and poor practice.

## **MEDIA**

Try to be aware of current news stories associated with health and social care. What are the latest headlines concerning the NHS and Care of the Elderly? Find out more if you hear someone talking about it – or ask your teacher in the lesson!

## **TV**

There are lots of TV documentaries about day-to-day life in health and social care settings. These will give you a good insight into up-to-date practice and what is involved as a professional in these workplaces. However, one warning note – whilst interesting, please watch TV programmes with a critical eye – some of them are carefully edited to show the “exciting” parts. Be aware that these represent just a snapshot in time and might not be fully representative of all of the job.

There are numerous other relevant books in the school library – when did you last borrow a book? Challenge yourself to read one every month!

# Preparation work

There are two aspects to the work you need to complete before you start your course.

It must be handed in on your first lesson in September.

## TASK ONE

The first task is to prepare a power point presentation which you will deliver to the rest of the class in the first week of term. You need to choose one profession that you are considering for a future career and carry out some background research. Your presentation of findings must include:

- Name of job / profession
- Qualifications required
- What training is needed to qualify for this job role
- Starting salary in the job
- IF YOUR CHOSEN CAREER NEEDS A DEGREE QUALIFICATION - 2 different universities who offer an appropriate course which leads to the required qualification for your chosen job role. For each university identified, you must state what the entry requirements are (either in grades or UCAS points)

## TASK TWO

Choose **ONE** of the following titles and carry out some reading around this subject. You then need to use this information to write a **1,500-word essay** to discuss your findings, incorporating your own ideas and opinions in your writing. This needs to be handed in at the first lesson in September.

### **Children & Young People**

Advances in medicine have led to an increased survival rate for extremely premature babies. Discuss the implications of this advancement for the medical profession.

### **Adult Social Care**

“Medical advances, along with better lifestyles, have resulted in increases in life expectancy. People are living longer. We therefore need to find better ways of supporting older people.”

Discuss the different types of provision for older people in British Society. Are we doing enough to support them?

### **Health**

In the UK, it is now a requirement that all nurses are degree qualified. This has led to the accusations that nursing students are selected on their ability to acquire knowledge rather than their caring qualities. Discuss what you consider to be the essential skills for a nurse. Do you agree with this statement?

**Make sure you reference your sources of information (websites, books) at the end of your work.**