

# Cambridge Technical Diploma in Health & Social Care Level 2

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## Key Stage 4-5 Transition Pack

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# CAMBRIDGE TECHNICAL DIPLOMA IN HEALTH & SOCIAL CARE LEVEL 2

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**EXAM BOARD – OCR**

**ALL UNITS INTERNALLY ASSESSED**

**2 DAYS PER WEEK ON WORK PLACEMENT IN A RESIDENTIAL CARE HOME**

**This is a qualification introduced in conjunction with employers who have suggested the skills required for success in the working environment.**

**This course will develop skills, knowledge and understanding required to enable progression to further education.**

What skills do I need in order to complete this course?

- Ability to work as part of a team
- Independent research skills
- An open mind!

What employment skills will I gain?

- Planning & research skills
- Communication skills
- An ability to evaluate & analyse
- Practical experience of working as a team
- Presentation skills
- Work experience

Where will this course lead?

Opportunities upon completion include:

- NHS apprenticeships
- Jobs in care homes & caring for people in their own homes
- Any work involved in caring or working with people of any age
- Further study and qualifications in health and social care

This qualification is graded: Pass, Merit, Distinction, Distinction\*

# An introduction to the course

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The course consists of 60 credits.

Each unit consists of either 5 or 10 units.

Unit No	Name of Unit	Credits	Mandatory/Optional
1	Communication In H&SCare	5	Mandatory
2	Individual Rights in H&SCare	5	Mandatory
3	Individual Needs in H&SCare	5	Mandatory
4	Ensuring Safe Environments in H&SCare	5	Mandatory
5	Vocational Experience in a health & social care setting	10	Optional
6	Cultural Diversity in H&SCare	10	Optional
9	Creative and Therapeutic Activities	10	Optional
11	The Impact of Diet on Health	10	Optional

## **1 Communication**

In this unit you will consider the factors which can enhance or inhibit communication and those which can pose a barrier to effective communication with service users and colleagues.

## **2 Individual Rights**

The aim of this unit is to provide you with knowledge and understanding of the diverse backgrounds and needs of people who use services and the legal responsibilities to support individuals' rights.

## **3 Individual Needs**

Every day in life we make choices which directly affect our health and wellbeing. In this unit you will gain knowledge of factors which affect our lives along with an understanding of how to support an individual's health and wellbeing by being able to recognise any needs they may have.

## **4 Ensuring Safe Environments**

In this unit you will be introduced to risk assessment and will learn why it is necessary to identify hazards in health and social care settings. Legislation and guidelines related to health and safety will also be a part of this unit.

## **5 Vocational Experience**

By completing this unit you are being given the opportunity to gain a deeper understanding of your own personal and professional development in the workplace. You will learn the meaning of evidence based and reflective practice, considering your own strengths and areas for improvement.

## **6 Cultural Diversity**

The aim of this unit is to provide you with knowledge and understanding of the cultural diversity that exists in society today and how this impacts on the equality of opportunity for people who use health and social care services.

## **9 Creative and Therapeutic Activities**

In this unit you will learn how to plan and safely deliver appropriate, stimulating, creative and therapeutic activities to support the diverse needs of service users in your work experience setting.

## **11 The Impact of Diet on Health**

Students will explore whether dietary needs remain the same across our lifespan. They will also have the opportunity to investigate a range of factors, from religious requirements to income, that can influence people's diets.

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# Research

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The most useful research of all for you to do is to gain practical knowledge from your work placements. This will include:

- Talking to professionals working in Health & Social Care
- Talking to service users about their experiences
- Talking to your friends and family about the experiences they have had of health and social care services.

Make the most of your visits to everyday health and social care settings – school, doctors, dentists, opticians, hospitals. Reflect on your experiences and the experiences of those around you. Look at how the professionals communicate and carry out their daily routine. Identify good and poor practice.

## **MEDIA**

Try to be aware of current news stories associated with health and social care. What are the latest headlines concerning the NHS and Care of the Elderly? Find out more if you hear someone talking about it – or ask your teacher in the lesson!

## **TV**

There are lots of TV documentaries about day-to-day life in health and social care settings. These will give you a good insight into up-to-date practice and what is involved as a professional in these workplaces. However, one warning note – whilst interesting, please watch TV programmes with a critical eye – some of them are carefully edited to show the “exciting” parts. Be aware that these represent just a snapshot in time and might not be fully representative of all of the job.

# Preparation work

## TASK ONE

Complete the questions for this case study and bring to your first Health and Social Care lesson in September.

**Brenda is 72 years of age and recently fell over and cut her arm. She required surgery in hospital. Brenda has a dressing on her arm and is due to be discharged home from Lincoln Hospital tomorrow.**

- Which professional might visit Brenda at home to change the dressing? Why is this important?
- If Brenda has limited ability to move her arm, name two professionals that could support her to maintain independence. What would they do?
- As well as the physical needs, why might Brenda need emotional support? Who could give her this support?

## TASK TWO

Prepare a power point presentation which you will deliver to the rest of the class in the first week of term. You need to choose one profession that you are considering for a future career and carry out some background research. Your presentation of findings must include:

- Name of job / profession
- Qualifications required
- Skills required
- What training is needed to qualify for this job role
- Starting salary in the job

Use images and animations to make the slide show interesting for the audience.